



## Effect of increasing the colloidal calcium phosphate of milk on the texture and microstructure of yogurt

T. Ozcan,\*† D. Horne,\* and J. A. Lucey\*‡<sup>1</sup>

\*Department of Food Science, University of Wisconsin-Madison, Madison 53706-1565

†Department of Food Engineering, Uludag University, 16059 Gorukle, Bursa, Turkey

‡Wisconsin Center for Dairy Research, Madison 53706-1565

### ABSTRACT

The effect of increasing the colloidal calcium phosphate (CCP) content on the physical, rheological, and microstructural properties of yogurt was investigated. The CCP content of heated (85°C for 30 min) milk was increased by increasing the pH by the addition of alkali (NaOH). Alkalized milk was dialyzed against pasteurized skim milk at approximately 4°C for 72 h to attempt to restore the original pH and soluble Ca content. By adjustment of the milk to pH values 7.45, 8.84, 10.06, and 10.73, the CCP content was increased to approximately 107, 116, 123, and 128%, respectively, relative to the concentration in heated milk. During fermentation of milk, the storage modulus ( $G'$ ) and loss tangent values of yogurts were measured using dynamic oscillatory rheology. Large deformation rheological properties were also measured. The microstructure of yogurt was observed using fluorescence microscopy, and whey separation was determined. Acid-base titration was used to evaluate changes in the CCP content in milk. Total Ca and casein-bound Ca increased with an increase in the pH value of alkalization. During acidification, elevated buffering occurred in milk between pH values 6.7 to 5.2 with an increase in the pH of alkalization. When acidified milk was titrated with alkali, elevated buffering occurred in milk between pH values 5.6 to 6.4 with an increase in the pH of alkalization. The high residual pH of milk after dialysis could be responsible for the decreased contents of soluble Ca in these milks. The pH of gelation was higher in all dialyzed samples compared with the heated control milk, and the gelation pH was higher with an increase in CCP content. The sample with highest CCP content (128%) exhibited gelation at very high pH (6.3), which could be due to alkali-induced CN micellar disruption. The  $G'$  values at pH 4.6 were similar in gels with CCP levels up to 116%; at higher CCP levels, the  $G'$  values at pH 4.6 greatly

decreased. Loss tangent values at pH 5.1 were similar in all samples except in gels with a CCP level of 128%. For dialyzed milk, the whey separation levels were similar in gels made from milk with up to 107% CCP but increased at higher CCP levels. Microstructure of yogurt gels made from milk with 100 to 107% CCP was similar but very large clusters were observed in gels made from milk with higher CCP levels. By dialyzing heated milk against pasteurized milk, we may have retained some heat-induced Ca phosphate on micelles that normally dissolves on cooling because, during dialysis, pasteurized milk provided soluble Ca ions to the heated milk system. Yogurt texture was significantly affected by increasing the casein-bound Ca (and total Ca) content of milk as well as by the alkalization procedure involved in that approach.

**Key words:** yogurt, colloidal calcium phosphate, rheology, microstructure

### INTRODUCTION

Yogurt is a semisolid dairy product made by fermentation of milk with *Streptococcus thermophilus* and *Lactobacillus delbrueckii* ssp. *bulgaricus* cultures. Aggregation and gelation of CN occurs due to the reduction in charge repulsion with the decrease in milk pH (Lucey and Singh, 1997). Within the CN micelles, CN molecules are held together primarily by hydrophobic interactions and (insoluble or casein-bound) colloidal calcium phosphate (CCP) crosslinks (Horne, 1998; Fox and Brodtkorb, 2008). These CCP crosslinks are dissolved with a decrease in milk pH (Pyne and McGann, 1960) and caseins are liberated into the serum phase (Dalgleish and Law, 1989). The extent of liberation of caseins depends on the temperature at acidification; at 30°C, a decrease in pH causes virtually no liberation of protein (Dalgleish and Law, 1989). Thus, during yogurt fermentation, which is performed at temperatures >30°C, no dissociation of CN likely occurs.

Many factors influence the texture and physical properties of yogurt gels, including heat treatment (Dannenberg and Kessler, 1988; van Vliet and Keetels,

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<sup>1</sup>Corresponding author: jaluacey@facstaff.wisc.edu

1995), incubation temperature (Lee and Lucey, 2004), rate of acidification (Horne, 2003; Anema, 2008), and fortification with milk proteins (Sodini et al., 2004). Ozcan-Yilsay et al. (2007) used a different approach to alter yogurt texture. They added low concentrations of trisodium citrate to milk to reduce the level of CCP cross-linking between CN. Higher gel stiffness and decreased whey separation were observed in yogurt when low levels of TSC were used. Ozcan-Yilsay et al. (2007) suggested that low levels of CCP removal facilitated greater rearrangement and molecular mobility of the micelle structure, which may have helped increase the formation of crosslinks between strands in yogurt gel networks. In contrast, when most of the CCP was dissolved, complete micelle disruption occurred, which caused the formation of very weak yogurt gels.

McGann and Pyne (1960) developed a method to increase the CCP content of milk. The pH value of cold ( $\sim 0^{\circ}\text{C}$ ) milk is increased by the addition of base (NaOH). The increased pH alters the Ca equilibrium and a shift occurs from soluble to insoluble (casein-bound) Ca. Dialysis of the pH-adjusted milk against bulk milk restores the soluble Ca content but the CCP content remains high and the overall Ca content is increased (McGann and Pyne, 1960). This method has been used in a variety of studies to examine the effect of the CCP concentration on milk properties such as heat stability (Fox and Hoynes, 1975; Singh and Fox, 1987). Recently, Anema (2009) used the method of McGann and Pyne (1960) to alter the CCP content of milk and studied the effect of CCP on acid gels made by the addition of glucono- $\delta$ -lactone (GDL). Anema (2009) reported that increasing the CCP content of milk resulted in a slight increase in the gelation pH of GDL-induced gels but had no consistent effect on storage modulus ( $G'$ ) values at pH 4.6. The properties of model acid gels made with GDL have been reported to differ greatly from yogurt gels made by bacterial fermentation (Lucey et al., 1998b), probably because of the markedly different rate of acidifications with these 2 approaches (some proteolysis may also occur in fermented milks). Anema (2009) altered the CCP content of milk before high heat treatment ( $80^{\circ}\text{C}$  for 30 min), but it is known that the CCP content of milk influences heat stability (Singh and Fox, 1987) so we heated the milk before altering the CCP content. At very high temperatures (i.e.,  $>110^{\circ}\text{C}$ ), CCP can be involved in cross-linking of proteins, resulting in the formation of protein aggregates (Singh, 1994). We are not aware of any published study on the properties of yogurts made from milk with an elevated CCP content. The present study was performed to investigate the effect of increasing the CCP content of milk on yogurt gelation.

## MATERIALS AND METHODS

### Materials

Low-heat skim milk powder with a whey undenatured protein nitrogen index of 6.60 mg/g (Bradley et al., 1992) was supplied by Dairy Farmers of America (Fresno, CA). Yogurt starter culture (*Streptococcus thermophilus* and *Lactobacillus delbrueckii* ssp. *bulgaricus*, YC-087) was obtained from Chr. Hansen Inc. (Milwaukee, WI). Fresh pasteurized cow's milk was obtained from the UW-Madison Food Science Dairy Plant.

### Milk Preparation and Dialysis

To increase the CCP content of milk, we followed the method described by McGann and Pyne (1960). Reconstituted skim milk (10.7% wt/vol) was preheated at  $85^{\circ}\text{C}$  for 30 min in a thermostatically controlled waterbath and then cooled rapidly with ice water to 0 to  $2^{\circ}\text{C}$ . Immediately after cooling, 2 N NaOH was added to milk to reach concentrations of 0, 0.5, 1, 1.5, and 2% (vol/vol) by the slow addition of alkali with continuous stirring at approximately  $0^{\circ}\text{C}$ . Milks were stirred for 1 h and the pH was then recorded at approximately  $0^{\circ}\text{C}$ .

The pH values of the samples containing 0, 0.5, 1, 1.5, and 2% (vol/vol) NaOH were 6.68, 7.45, 8.84, 10.06, and 10.73, respectively. The resulting mixtures were dialyzed using a dialysis membrane with a molecular weight cut-off of 6 to 8 kDa. One liter of each treated milk sample was dialyzed against 10 L of fresh pasteurized skim milk with regular changes of milk. Total dialysis time was 72 h, with around 10 changes of milk during this period. The bags were left to reach equilibrium at 0 to  $5^{\circ}\text{C}$  and stirred for 72 h. By the end of this dialysis period, the pH values of all milks had decreased. At the end of the dialysis procedure, the pH values of the samples containing 0, 0.5, 1, 1.5, and 2% NaOH (vol/vol) were 6.69, 6.75, 6.86, 6.92, and 6.93, respectively.

Some milk samples were used for chemical analysis; 0.02% (wt/wt) sodium azide was added to prevent bacterial growth in these samples. For yogurt fermentation, starter culture was prepared according to the method described by Ozcan et al. (2008). Before the addition of culture, milk was rewarmed at  $60^{\circ}\text{C}$  for 30 min to try to restore CN or milk salt changes induced by the cold storage used for the dialysis procedure. Milk were cooled to  $42^{\circ}\text{C}$  and inoculated with 2% (wt/wt) working culture. The pH was recorded every 5 min during fermentation as described by Ozcan et al. (2008). The initial acidification rate (i.e., for a 1.0 pH change from the original starting pH) was determined from the pH

profiles and expressed as pH milliunits per minute (mU/min; Lee and Lucey, 2004).

### Acid-Base Buffering Properties

Buffering curves of milks were determined by the acid-base titration method described by Lucey et al. (1993b). The area between the acid and base titration curves was used to estimate the CCP content of milk (Lucey et al., 1993b, 1996). The area under the base titration curve from pH 4.2 to the original milk pH was subtracted from the area under the acid titration curve from the pH of the original milk to pH 4.2. Buffering areas for the treated samples were compared with the heated control sample, which was set as 100% (Table 1). We assumed that changes in the buffering capacity as a result of alkalization were due to alterations in the CCP content (i.e., the alkalization procedure did not influence buffering from protein side chains).

### Ultrafiltration and Ca Determinations

A Prep/Scale-TFF membrane (Millipore, Billerica, MA), which was made from regenerated cellulose and had a molecular weight cut-off of 10 kDa, was used to obtain UF permeates of milks. The total Ca concentration of milk and soluble Ca contents of UF permeate were determined using inductively coupled plasma-optical emission spectrometer (Vista-MPX Simultaneous ICP-OES, Varian Inc., Palo Alto, CA). The wavelength of plasma emission used to measure the Ca content was 317.9 nm (Park, 2000). Casein-bound Ca was calculated using the following equation (White and Davies, 1958):

$$\text{Casein-bound Ca} = \text{total Ca} - \text{Ca in UF permeate.}$$

### Yogurt Properties

Yogurt gel formation was determined by dynamic low amplitude oscillatory rheometry (Paar Physica UDS 200 controlled stress rheometer, Physica Messtechnik GmbH, Stuttgart, Germany) as described by Ozcan et al. (2008). Whey separation values of yogurts were determined using the method described by Lucey et al. (1998a). The fluorescence microscopy method described by Choi et al. (2007) was followed to examine the microstructure of yogurt gels.

### Statistical Analysis

Statistical analysis was conducted by ANOVA using the statistical software SAS (version 9.1, SAS Institute Inc., Cary, NC). Experiments were replicated at least 3 times. Fisher's least significant difference test was

**Table 1.** Effects of increasing the colloidal calcium phosphate (CCP) content on the rheological and physical properties of milk and yogurt<sup>1</sup>

Sample	Heated milk Milk with CCP contents (%) <sup>4</sup> of:	pH after		Ca (mg/100 g)			pH at gelation	Loss tangent value at pH 5.1	G' value <sup>2</sup> pH 4.6 (Pa)	Yield stress <sup>3</sup> (Pa)	Yield strain <sup>3</sup>	Whey separation <sup>3</sup> (%)
		alkali addition	pH after dialysis	Soluble	Casein- bound	Gelation time (min)						
100	6.68 <sup>e</sup>	—	—	28.4 <sup>ab</sup>	86.0 <sup>b</sup>	138 <sup>d</sup>	5.34 <sup>d</sup>	0.55 <sup>a</sup>	143 <sup>ab</sup>	48 <sup>a</sup>	0.53 <sup>a</sup>	4.13 <sup>c</sup>
107	7.45 <sup>d</sup>	6.69 <sup>d</sup>	6.69 <sup>d</sup>	31.3 <sup>a</sup>	88.4 <sup>b</sup>	145 <sup>c</sup>	5.65 <sup>c</sup>	0.54 <sup>a</sup>	135 <sup>ab</sup>	39 <sup>ab</sup>	0.49 <sup>ab</sup>	3.38 <sup>d</sup>
116	8.84 <sup>c</sup>	6.75 <sup>c</sup>	6.75 <sup>c</sup>	30.1 <sup>a</sup>	93.8 <sup>b</sup>	155 <sup>b</sup>	5.76 <sup>b</sup>	0.51 <sup>b</sup>	128 <sup>bc</sup>	35 <sup>b</sup>	0.44 <sup>b</sup>	4.64 <sup>b</sup>
123	10.06 <sup>b</sup>	6.86 <sup>b</sup>	6.86 <sup>b</sup>	25.8 <sup>b</sup>	103.7 <sup>a</sup>	156 <sup>b</sup>	5.78 <sup>b</sup>	0.50 <sup>b</sup>	151 <sup>a</sup>	34 <sup>a</sup>	0.51 <sup>a</sup>	5.60 <sup>a</sup>
128	10.73 <sup>a</sup>	6.92 <sup>a</sup>	6.92 <sup>a</sup>	21.5 <sup>c</sup>	113.3 <sup>a</sup>	166 <sup>a</sup>	5.79 <sup>b</sup>	0.51 <sup>b</sup>	114 <sup>c</sup>	18 <sup>c</sup>	0.38 <sup>c</sup>	5.90 <sup>a</sup>
		6.93 <sup>a</sup>	6.93 <sup>a</sup>	ND <sup>5</sup>	ND	145 <sup>c</sup>	6.34 <sup>a</sup>	0.30 <sup>c</sup>	11 <sup>d</sup>	3 <sup>d</sup>	0.45 <sup>b</sup>	ND

<sup>a-e</sup>Values with different letters within the same column are significantly different ( $P < 0.05$ ).

<sup>1</sup>Values are means of triplicates.

<sup>2</sup>G' = storage modulus.

<sup>3</sup>These properties were determined when the pH of yogurt gels reached 4.6.

<sup>4</sup>Heated milk was alkalized and dialyzed to increase the CCP content, the CCP content was determined from the area between the acid and base titration curves in the pH range from the initial milk pH to 4.2.

<sup>5</sup>ND = not determined.

carried out to evaluate differences in treatment means at a significance level of  $P < 0.05$ .

## RESULTS

### **Acid-Base Buffering Properties**

The acid-base buffering properties of milks are shown in Figure 1. All milk samples exhibited a buffering peak at around pH 5.0 during acid titration, which was due to the solubilization of CCP (Figure 1a; Lucey et al., 1993b). Higher buffering was observed between pH values 6.7 to 5.2 in milk with an increase in the pH of alkalization. The buffering observed during the titration of acidified milks with base is shown in Figure 1b. During the back-titration of milk with base, a buffering peak was observed at around pH 6.0 due to formation of insoluble Ca phosphate (Lucey et al., 1993b). Greater buffering was observed between pH values 5.5 to 6.4 in milk with an increase in the pH of alkalization. During the titration of acidified milk with base, the buffering peak was shifted to slightly lower pH values with an increase in the pH of alkalization.

### **Soluble and Casein-Bound Ca**

The effect of alkalization of milk followed by dialysis on the soluble and casein-bound Ca content is shown in Table 1. Casein-bound Ca increased with an increase in the pH of alkalization. The soluble Ca content of the dialyzed sample without alkalization was slightly (but not significantly) higher than that of the heated control milk. Milks with a CCP content of 116% exhibited a decrease in soluble Ca content compared with the dialyzed control or milk with CCP content of 107%. Increasing the CCP content of milk to 123% resulted in a further significant decrease in the soluble Ca content. Milks with a CCP content of 128% were difficult to ultrafilter as these samples became translucent with some visual precipitation. We did not determine the casein-bound Ca for the milk with a CCP content of 128%. Milks with CCP contents of 116 and 123% had significantly elevated casein-bound Ca contents compared with the dialyzed control or the milk with a CCP content of 107%. Total Ca levels also exhibited a significant increase with an increase in the pH of alkalization.

### **pH Profiles**

The pH profiles during acidification with 2% (wt/wt) starter culture at 42°C are shown in Figure 2. The pH profile of the dialyzed sample without alkalization exhibited a slower rate of pH change from approximately 100 min after culture addition until the end of

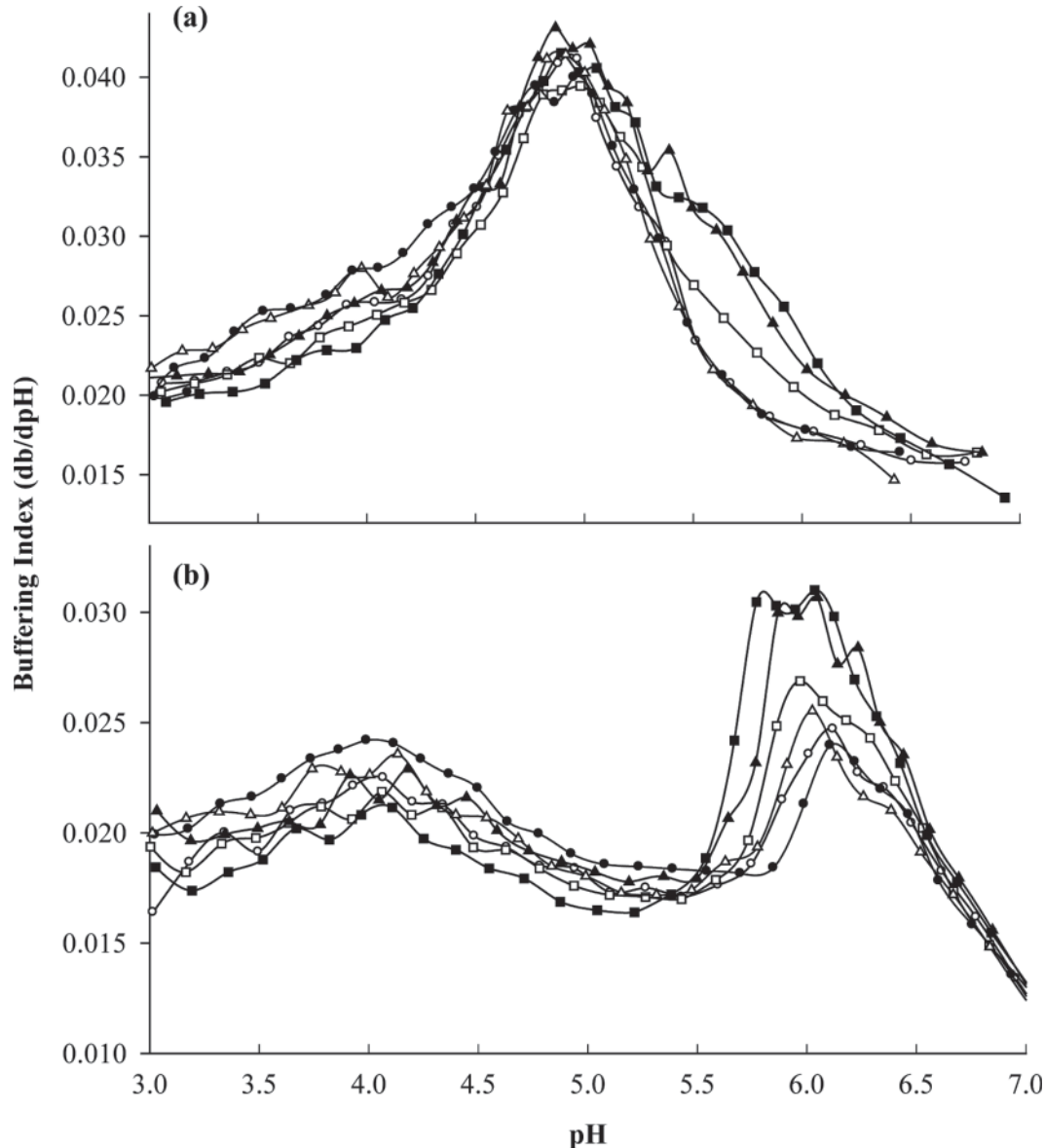
fermentation compared with the heated control milk (not dialyzed). For the remainder of the fermentation process, the slopes of the pH profiles appeared similar. The initial rate of acidification was 7.2, 6.4, 5.8, 5.9, 6.0, and 5.1 mU/min for the heated control milk (not dialyzed) and samples with CCP contents of 100, 107, 116, 123, and 128%, respectively. Because the heated milk not dialyzed and heated milk dialyzed (100% CCP) had similar buffering profiles (Figure 1), this difference in initial acid development was related to an alteration in bacterial fermentation. An increase was observed in the initial pH value of dialyzed milks compared with the heated control milk, which could have contributed to slower bacterial fermentation. During the prolonged dialysis procedure, some change to minor milk constituents may have occurred that contributed to the slower bacterial fermentation of the dialyzed sample without alkalization (100% CCP) compared with the control milk. The pH values of milks at a fermentation time of 150 min increased in the following order: 128% CCP > 123% CCP = 116% CCP > 107% CCP > 100% CCP > heated control milk. This trend agreed with the increased buffering in samples with an increase in the CCP content (Figure 1). The time to reach pH 4.6 increased as follows: 116% CCP = 123% CCP = 128% CCP > 107% CCP > 100% CCP > heated control milk.

### **Rheological Properties**

The effects of increasing the CCP content on the rheological and physical properties of milk and yogurt are summarized in Table 1. All dialyzed samples had longer gelation times than the heated control milk even though the dialyzed samples had a higher gelation pH than the heated control milk. For the dialyzed samples, gelation time increased with an increase in the pH of alkalization until samples containing 128% CCP when the gelation time decreased again. Samples containing 107, 116, and 123% CCP had similar pH values at gelation and the pH value at gelation was higher than the dialyzed control milk. The pH of gelation for the sample containing 128% CCP was very high (6.3).

The effects of increasing the CCP content of milk on the  $G'$  and loss tangent ( $LT$ ) values of yogurt as a function of pH are shown in Figure 3. The heated control milk gelled at low pH values (~5.34) and the  $G'$  values were lower than that of the other samples until around pH 4.7, when they increased sharply (Figure 3a). After gelation, the  $G'$  values for the samples containing 107 and 116% CCP were higher than those of samples containing 100 and 123% CCP. The sample containing 128% CCP exhibited an unusual  $G'$  profile; although apparent gelation occurred at a high pH value, no substantial increase in the  $G'$  values was observed during





**Figure 1.** Acid-base buffering curves of milks: (a) titration of milk from initial pH to pH 3.0 with 0.5 *N* HCl, and (b) back-titration of acidified milk from pH 3.0 to pH 9.0 with 0.5 *N* NaOH. Heated (85°C for 30 min) milk ( $\Delta$ ) and dialyzed milk containing 100% ( $\bullet$ ), 107% ( $\circ$ ), 116% ( $\square$ ), 123% ( $\blacktriangle$ ), and 128% ( $\blacksquare$ ) colloidal calcium phosphate compared with the heated milk.

fermentation and the  $G'$  values at pH 4.6 were very low ( $\sim 11$  Pa).

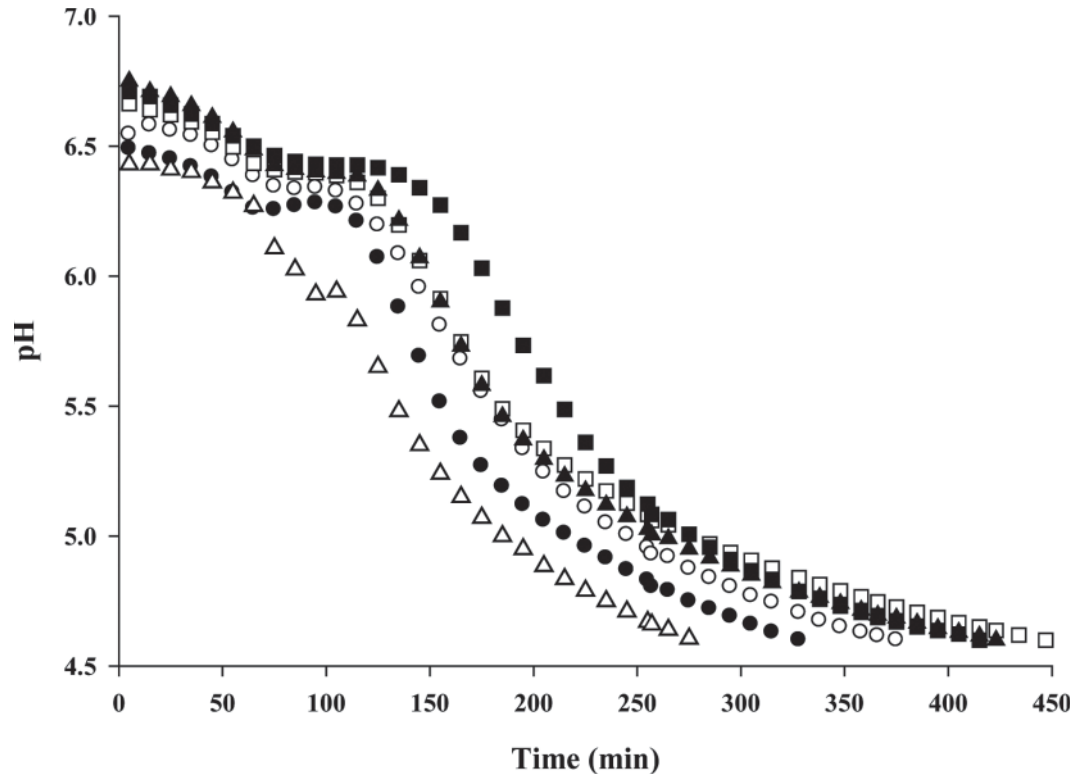
The LT profiles for yogurt gels are shown in Figure 3b. Apart from the gel made from milk containing 128% CCP, all samples exhibited a maximum in LT during acidification. The pH value of the LT maximum in the heated control milk sample was slightly lower compared with that of the dialyzed samples. The LT values for yogurt made from milk containing 128% CCP decreased to  $<0.5$  at pH values  $>6.2$ , in agreement with the very high gelation pH of this sample (Table 1). During the remainder of the fermentation process, the

LT values decreased slowly for the yogurt made from milk containing 128% CCP.

The yield stress values of yogurt gels decreased with an increase in the pH of alkalization with a sharp reduction in yield stress values observed in samples containing more than 116% CCP (Table 1). No consistent trends were observed for the yield strain values of gels made from the heated control or dialyzed samples.

#### Whey Separation and Microstructure

The whey separation levels of gels made from the dialyzed sample without alkalization were lower than



**Figure 2.** pH profiles as function of time for yogurts made with 2% (wt/wt) starter culture at 42°C from heated (85°C for 30 min) milk ( $\Delta$ ) and dialyzed milk containing 100% ( $\bullet$ ), 107% ( $\circ$ ), 116% ( $\square$ ), 123% ( $\blacktriangle$ ), and 128% ( $\blacksquare$ ) colloidal calcium phosphate compared with the heated milk.

that of the heated control milk. Whey separation levels in yogurt gels increased with an increase in the pH of alkalization, and thus with an increase in the CCP level. Weak gels were formed from milk containing 128% CCP and no whey separation could be measured.

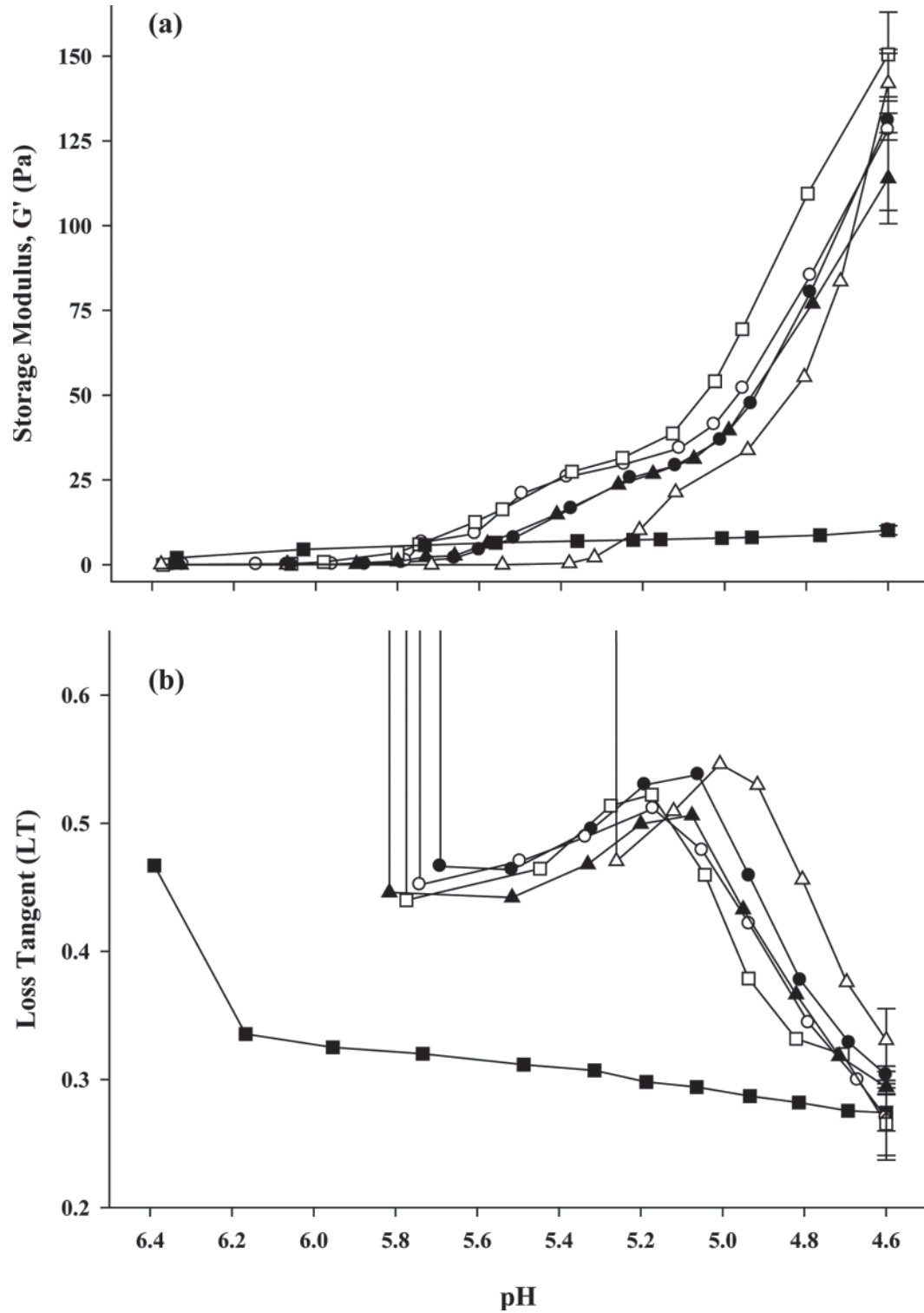
The microstructures of yogurt samples are shown in Figure 4. Similar types of microstructures were observed in gels made from heated milk (Figure 4a) and those made from dialyzed milk containing 100% CCP (Figure 4b). The gels containing 107% (Figure 4c) and 116% CCP (Figure 4d) exhibited larger clusters than the heated milk or 100% CCP sample. The network in yogurts made from heated milk exhibited small clusters ( $<5 \mu\text{m}$ ) with extensive branching. Yogurts made from milk containing 123% CCP exhibited very large, dense (many greater than  $50 \mu\text{m}$ ) protein clusters (Figure 4e). Large pores ( $>20 \mu\text{m}$ ) could also be observed in this network. Yogurts made from milk containing 128% CCP did not exhibit a characteristic cross-linked network but instead very large protein agglomerates could be observed (Figure 4f).

## DISCUSSION

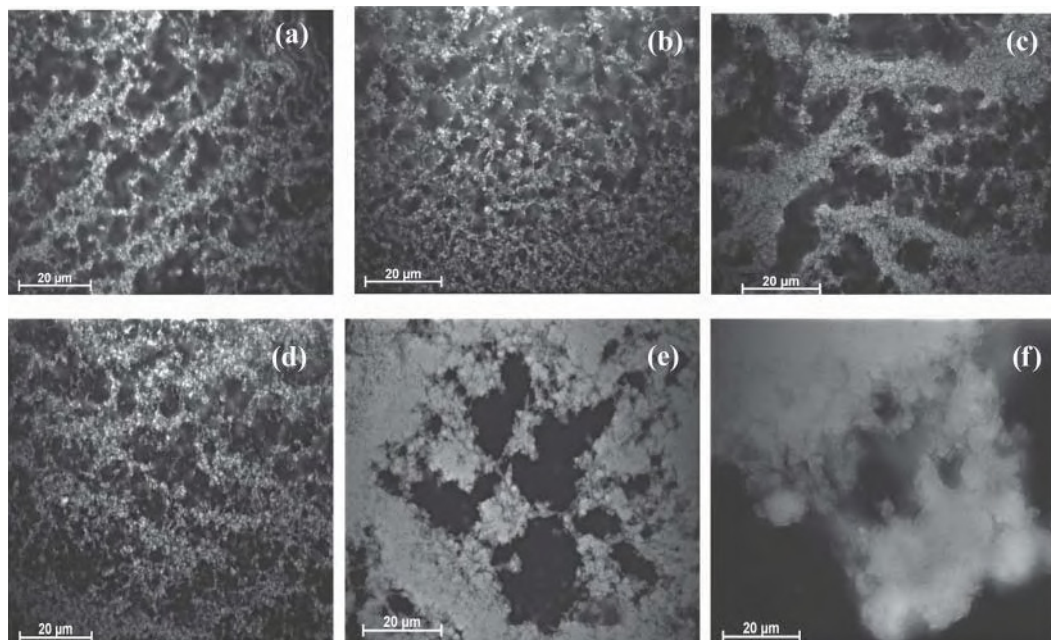
In our alkalization-dialysis procedure, milks were subjected to increasing pH and an elevation in casein-

bound Ca (and increased total Ca content). This procedure altered both milk pH and mineral equilibria, which greatly affected the properties of CN micelles and the yogurt gels made from these treated milks.

The addition of alkali to milk (without dialysis against untreated milk) results in a decrease in soluble Ca and inorganic phosphate (van Dijk, 1992; Vaia et al., 2006). Vaia et al. (2006) reported that adjustment of milk to pH 9 and 10 decreased the soluble Ca levels to approximately 20 and 3%, respectively, compared with the soluble Ca levels in untreated milk. The alkalization-dialysis procedure has been used previously to increase the CCP content of milk (McGann and Pyne, 1960; Fox and Hoynes, 1975; Singh and Fox, 1987; Anema, 2009). In all previous studies, this procedure was applied to either raw or low-heat-treated milk, whereas we used severely heated milk (85°C for 30 min). Heat treatment of milk results in an increase in casein-bound Ca and a concomitant decrease in soluble Ca (Walstra and Jenness, 1984; de la Fuente, 1998); these changes are reversed upon cooling (Pierre and Brulé, 1981; Pouliot et al., 1989). Dialysis of heated milk that was not alkalinized (100% dialyzed sample) against low-heat-treated milk helped to maintain a high level of casein-bound Ca (Table 1) because the low-heat-treated milk provided



**Figure 3.** (a) Storage modulus ( $G'$ ) and (b) loss tangent (LT) as function of pH for yogurts made from heated (85°C for 30 min) milk ( $\Delta$ ) and dialyzed milk containing 100% ( $\bullet$ ), 107% ( $\circ$ ), 116% ( $\square$ ), 123% ( $\blacktriangle$ ), and 128% ( $\blacksquare$ ) colloidal calcium phosphate compared with the heated milk. Yogurts were made at 42°C using 2% (wt/wt) starter culture.



**Figure 4.** Microstructure of yogurt gels made from heated (85°C for 30 min) milk (a) and dialyzed milk containing 100% (b), 107% (c), 116% (d), 123% (e), and 128% (f) colloidal calcium phosphate compared with the heated milk. Yogurts were made at 42°C using 2% (wt/wt) starter culture. The protein matrix is white and pores are dark; scale bar = 20 µm.

soluble Ca during dialysis and decreased the tendency of the heated milk to dissolve its heat-induced CCP. Heated milk was dialyzed immediately after cooling. A similar type of principle is involved in the alkalization-dialysis procedure of McGann and Pyne (1960), except that alkalization (instead of heat treatment) is used to increase the casein-bound Ca level and dialysis against a milk with a higher soluble Ca level helps restore the soluble Ca level while maintaining the elevated CCP content caused by the alkalization step.

When milk was alkalinized to very high pH values, extensive (72 h) dialysis was not sufficient to completely restore the original milk pH value. It could be that the additional (Ca) phosphate in milk may be increasing the “natural” pH of milk. Exhaustive dialysis for 72 h with up to 10 changes in milk used for dialysis should have been ample time to attain equilibrium. We did not prolong the dialysis time any further due to concerns about possible proteolysis or cold aging affects that could negatively influence yogurt gelation.

Heat treatment of milk creates heat-induced Ca phosphate, which exhibits similar pH solubilization behavior compared with the original CCP, unless milk is subjected to severe heating conditions; for example, 120°C for 10 min (Lucey et al., 1993a). Vaia et al. (2006) noted that the nature of the increase in casein-bound Ca caused by alkalization of milk was not known but several options existed: forming insoluble (casein-bound) Ca phosphate and becoming part of nanoclus-

ters, which would have to grow in size or number, or binding of ionic Ca to phosphoserine residues that were not involved in stabilizing nanoclusters. We believe that alkalization resulted in an increase in insoluble Ca phosphate content because we observed an increase in the buffering area between the initial pH of treated milk and pH 4.2 (Figure 1), which is indicative of an increased concentration of insoluble Ca phosphate (Lucey et al., 1993b, 1996). The acid-base buffering profiles of CCP-enriched milk (Figure 1) appeared generally similar to those observed previously for milk (Lucey et al., 1993b). The CCP-enriched milks created by the alkalization procedure did exhibit some minor differences in buffering behavior, including higher buffering during acidification at pH values 6.7 to 5.2 compared with that of heated milk. Because alkalization also resulted in an increase in the total Ca content in milk, it is likely that the pH solubility of CCP would be modified as well (which could affect the buffering properties). From our buffering profiles, we believe that alkalization produces CCP that is mostly similar to the native CCP in milk. It is possible that alkalization induced a change in the type of CCP in milk but different forms of CCP have unique buffering behaviors (Upreti et al., 2006) and we observed only a minor modification to the buffering profiles.

Anema (2009) adjusted the CCP content of unheated milk by acidification/alkalization followed by dialysis against the original unheated milk. After alteration of



the CCP content, milks were heated and then acidified with GDL. In our study, we first heated the milk before adjusting the CCP content, because adjustment of the CCP content is known to greatly alter the heat stability of milk (Singh and Fox, 1987). Anema (2009) also varied the GDL levels to obtain similar overall acidification times in samples, whereas we added a constant level of starter culture to all milks. Anema (2009) observed only a slight increase (<0.1 pH unit) in the gelation pH when the CCP content of milk was increased to 115%. It is possible that the larger change in gelation pH obtained in our CCP-enriched milk, compared with that of Anema (2009), could be due to the use of heated milk for alkalization-dialysis and the different method of acidification in our study, which was by fermentation of lactose by starter culture. We observed that the gelation pH increased in alkalized-dialyzed milks, but these milks also had longer gelation times probably because of their high buffering (Figure 1). Addition of Ca to milk has been reported to increase the hydrophobicity of micelles (Philippe et al., 2003) and decrease the zeta potential (Dalglish, 1984; Philippe et al., 2003), which could help to increase the gelation pH.

We did not observe any significant effect on  $G'$  values at pH 4.6 when the CCP content was increased, at least up to 116% (Table 1). Anema (2009) also reported that elevating the CCP content of milk by 115% had little effect on the  $G'$  values at pH 4.6 for GDL-induced gels. Ozcan-Yilsay et al. (2007) suggested that low levels of CCP removal facilitated greater rearrangement of the micelle structure, which helped to increase the formation of crosslinks between strands in yogurt gel networks and produced gels with higher  $G'$  values at pH 4.6. In our study, the additional CCP did not result in a decrease in the  $G'$  values at pH 4.6, possibly because of the high gelation pH observed for these samples compared with that of the heated control milk.

Removal of CCP from CN micelles results in acid gels with higher LT at pH 5.1 (Ozcan-Yilsay et al., 2007; Anema, 2009; Famelart et al., 2009). The higher LT values reflect the greater mobility of CN in the network due to the loss of CCP crosslinks. We observed significantly lower LT values at a pH of approximately 5.1 with an increase in the CCP content compared with gels made from the heated control milk (Table 1). Anema (2009) reported that for GDL-induced gels, the LT values from the gelation point until around pH 5.1 were lower for the samples containing 115% CCP compared with gels made with 100% CCP.

It is not clear how milk can be enriched with additional CCP compared with the native CN micelles. Several studies have indicated that when Ca is added to milk some of the added Ca becomes associated with CN micelles, presumably as CCP (Brule and Fauquant,

1981; Gastaldi et al., 1994; Philippe et al., 2003). It is also not clear where the additional CCP is in the micelles. Does it form new nanoclusters or larger nanoclusters?

We cannot have a fixed size and functionality for the nanoclusters in native CN micelles, as suggested by McMahon and Oommen (2008), because this would imply the creation of more (new) nanoclusters and require, for the same reason, more (new) phosphoserine clusters and more (new) caseins in the alkalized milk. However, we cannot have additional caseins because additional casein does not pass the dialysis barrier. We propose that when the pH is increased, the serine phosphates become more negatively charged and less favorably inclined to associate with the Ca phosphate, which has 2 outcomes. First, the micelle tends to dissociate (becomes less turbid) and this tendency increases the higher the pH value of the milk (especially at pH >9; Odagiri and Nickerson, 1965; Thompson and Farrell, 1973; Vaia et al., 2006; Huppertz et al., 2008). The second outcome of alkalization is that Ca phosphate tends to precipitate at high pH values. If this treated milk is dialyzed against a milk of normal pH, the pH is brought back down and the Ca binding activity of the serine phosphates are restored. However, if the pH decrease is slow, the Ca phosphate nanoclusters may grow and thus more CCP is incorporated into the CN micelle. What does this do for the properties of the micelle? It is likely that the incorporation will take time, as will reassembly of the micelle following the (partial) dissociation on increasing the pH value. The re-formation of CN micelles after alkali-induced dissociation has been studied and it appears that these micelles largely resemble native micelles (Huppertz et al., 2008).

At the highest CCP level (128%), unusual gelation behavior was observed, including very high gelation pH values, weak gels, and an agglomerated, poorly cross-linked yogurt gel network. To attain such a high CCP level, milk had to be adjusted to pH 10.7. Beeby and coworkers (Beeby and Kumet, 1959; Beeby and Lee, 1959) reported that viscosity greatly increased when milk was adjusted to pH values around 11. McGann and Pyne (1960) also noted a large increase in viscosity when the CCP of milk was increased by >120%. Hemar et al. (2000) observed that milk could undergo alkaline-induced gelation at pH 12. Vaia et al. (2006) proposed that alkaline-induced disruption of CN micelles was not only related to charge but that increasing the milk pH improves the solvent quality for the caseins, thereby leading to the disruption of CN micelles into their constituent nanoclusters. It appeared that extensive dissociation of micelles occurred at very high pH values because the samples were visually translucent. The micelle system may remain destabilized and partially

aggregated even after dialysis, and when the pH is subsequently lowered during fermentation the samples with high CCP levels gelled at a very high pH value (Table 1). Ozcan-Yilsay et al. (2007) reported that complete disruption of CN micelles resulted in the formation of very weak yogurt gels from this treated milk.

## CONCLUSIONS

Alkalization of heated (85°C for 30 min) milk and dialysis against pasteurized skim milk resulted in an increase in the concentrations of casein-bound and total Ca. One possible explanation for this result could be the growth of CCP nanoclusters. With the increase in milk pH, serine phosphate groups become more negatively charged, which could weaken their interaction with the CCP nanoclusters. The high pH favors the precipitation of additional CCP. Dialysis of alkalized milk should restore the binding activity of the serine phosphates and this could allow for growth of the existing nanoclusters. The pH of gelation was higher in all dialyzed samples compared with that of the heated control milk. By dialyzing heated milk against pasteurized milk, we could have retained some heat-induced Ca phosphate on micelles that normally dissolves on cooling, because the pasteurized milk provided soluble Ca ions to the heated milk system, thereby reducing the driving force to reverse this heat-induced shift in the Ca equilibrium. Increasing the CCP (and total Ca) content of milk did not greatly affect the  $G'$  values at pH 4.6, LT values, or gel microstructure until the CCP content exceeded 107%. Alkalization of milk to high pH values is known to cause dissociation of micelles. When milks were alkalized to very high pH values (10.7) before dialysis, the gels formed during yogurt fermentation were very weak and the gelation pH was very high. To generate high CCP levels in heated milk required the use of high alkalization pH values, which negatively affected yogurt gelation properties.

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